

2019 SKILLSUSA Nail Care Contest Guidelines and Schedule

Contestants should come prepared to do the following:

1. A 3-5 minute mock nail care consultation on the benefits of natural nail care. Props may be used. The presentation should include the following points:
 - Recommended natural nail care services
 - Results the client should expect
 - The home care products the client would need to purchase and use to obtain these results.

All five fingers of the model's right hand are to be sculpted with acrylic using forms, **No Tips**, in a two tone/French manicure (pink and white) technique. Two or more colors of acrylic may be used.

All five fingers of the model's left hand are to have nail tips applied and overlaid with a light cured gel. Any type of tip may be used.

Two coats of dark red crème lacquer/polish will be applied to the model's right hand.

Nail art will be applied to all five fingers of the model's left hand. A specific theme is to be carried through on all five fingers and in a written description. Contestant must have written and submitted a description of the theme they intend to create at contestant check in. Themes should be typewritten, may be decorated and must be contained in a plastic sheet protector. Diagrams of the art you intend to create can be used, however, are limited to the finished product and may not be step by step instructions.

A 50 question, multiple choice exam on all aspects of nail care.

Time Limits:

- Three to five minutes for oral presentation
- One hour for acrylic application
- One hour for light-cured gel application
- 90 minutes for polish and nail art

All segments of work must be completed in the specified time during competition. For example: during the tip and light-cured gel segment, no work may be completed or started on the acrylic sculptured, nail art or polish application.

Written Exam: Please remember that the written exam must be taken online at your college prior to the Championships. You will receive information about when the exams should be taken.

Contest Schedule

9:00 am- 9:30 am: Contestant check in

9:30 am-10:30 am: Sculptured acrylic nail application: All five fingers of the model's right hand are to be sculpted with acrylic using forms, No Tips, in a two tone/French manicure (pink and white) technique. Two or more colors of acrylic may be used.

10:30 am-10:35 am: Clean and set up work area for light-cured gel application

10:35 am-11:35 am: Light-cured gel application: All five fingers of the model's left hand are to have nail tips applied and overlaid with a light cured gel. Any type of tip may be used.

11:35 am-11:40 am: Clean work area

11:40 am-12:10 pm: Written Exam

*12:10 pm-1:10 pm: Oral Presentation: A 3-5 minute mock nail care consultation on the benefits of natural nail care. Props may be used. The presentation should include the following points:

- Recommended natural nail care services
- Results the client should expect
- The home care products the client would need to purchase and use to obtain these results.

1:10 pm – 2:40 pm: Polish and nail art application: Two coats of dark red crème lacquer/polish will be applied to the model's right hand. Nail art will be applied to all five fingers of the model's left hand. A specific theme is to be carried through on all five fingers and in a written description. Contestant must have written and submitted a description of the theme they intend to create at contestant check in. Themes should be typewritten, may be decorated and must be contained in a plastic sheet protector. Diagrams of the art you intend to create can be used, however, are limited to the finished product and may not be step by step instructions.

2:40 pm- 3:00pm: Final judging and contestant debriefing.